

Housing Authority Resident Program (HARP) <u>Program Outline</u>

Purpose:	The purpose of this Program is to provide funds to State-Sponsored Housing Authority-owned developments that wish to enhance the quality of life for the residents.			
Eligible Applicant:	Housing Authorities that own properties in the State-Sponsored Housing Portfolio. The Housing Authority must be in compliance with CHFA program requirements.			
Eligible Use:	Variety of activities and/or programs that directly enhance the quality of life for residents, i.e., health/wellness, educational, and recreational/social programs. Physical items are eligible to be purchased to execute the program.			
Terms & Conditions:	Applicants may request a minimum of \$1,000 to a maximum of \$10,000 per property for up to one year of funding from the program. A property cannot exceed \$10,000 in any 12-month period. No single housing authority can be awarded more than \$20,000 in a 12-month period. All funding is at CHFA's discretion			
	Funding must be expended within 12 months of the execution date of the Funding Agreement.			
	Funding is not allowed as a reimbursement for programs already initiated, in process or completed at the property.			
Evaluation Process:	First-come, first-served basis for completed and eligible applications while funding is available.			
Submissions:	Completed, signed applications are to be submitted electronically to <u>chfashp-2@chfa.org</u> . IMPORTANT: Signature of Chairperson of the Board of Commissioners			
	or Executive Director. Signature of Executive Director requires signatory authority from the Board Chairperson.			
CHFA Contact:	Karen Futoma, Resident Services Outreach Officer <u>karen.futoma@chfa.org</u>			

Rev. 8/2024

Housing Authority Resident Program (HARP)



<u>Please use a separate application for each development.</u> Applications accepted until all funds are committed. <u>Handwritten applications are not acceptable.</u>

				89 Pacific Ave Hartford, CT Address of Housing Authority				
Name of Housing Aut	ionty (Legal Name)		Add		sing Autionty			
Katie Smith, Chairpers	son				1	23.456.7890		
Contact Name and Tit	le				F	hone Number		
ksmith@abcha.org Contact E-Mail Addres	55	Charter Oak Terrace Name of Property to be A	ssisted		60 Total # of Units in Property	65 Total # of Residents		
What SSHP program	is the property in?							
XElderly	Congregate	Moderate Rental	Affordable Ho	using				
Below please describe	e each program you	wish to implement. Do not	t list physical items					

On a separate page, please provide:

- typed narrative of how each program will enhance the lives of the residents

- quotes for all non-tangible items. For example, musicians, admission costs, instructors, etc...

- if applicable, provide written estimates of physical items necessary in order to execute the program(s). For example, food (per person cost), furnishings, electronics. Product pages from a website are acceptable where applicable.

Describe Program(s)

Signature

PROGRAM (One Per Line) DO NOT LIST PHYSICAL ITEMS	PRIMARY CATEGORY Select from drop down	PROJECTED START DATE mm/dd/yy	FREQUENCY daily/weekly/ monthly	PROJECTED END DATE mm/dd/yy	ESTIMATED NUMBER TO BE SERVED		COST (Provide quote)	
					Eld	Disabled (non eld)		
Yoga Classes	Health/Wellness	12/9/2 <mark>02</mark> 4	weekly	1/13/2025	20	15		\$600.00
Winter Party	Recreational/Social	12/19/2024	once	12/19/2024	35	20		\$1,119.00
Organization and Decluttering Classes	Educational	02/12//2025	monthly	5/8/2025	15	10		\$400.00
Lunch and Learn Nutrition Classes	Health/Wellness	4/8/2025	monthly	11/11/2025	35	20		\$4,000.00
Summer Cookout	Recreational/Social	6/27/2025	once	6/27/2025	35	20		\$1,100.00
Virtual Programs	Educational	12/16/2024	weekly	ongoing	25	15		\$1,595
	Select One							
	Select One							
	Select One							
	Select One							
TOTAL AMOUNT REQUESTED:						8,814.24		

 TOTAL AMOUNT REQUESTED:
 8,8

 Funds to be disbursed via check.
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I understand that the funds awarded as a result of this request are to be expended for the purposes set forth herein and in accordance with all applicable laws, regulations, policies, and procedures of CHFA and the State of Connecticut. I also understand that any changes in the use of funds must be approved by CHFA in writing prior to an expenditure of funds. Funds may be reclaimed at any time for violations of any terms, conditions, and requirements of this agreement. A confirmation of the use of funds and evidence of any payment shall be due to CHFA 60 days after the funds have been fully spent.

Authorized Signature Here

IMPORTANT: Signature of Chairperson of the Board of Commissioners or Executive Director. Signature of Executive Director requires signatory authority from the Board Chairperson.

10.30.	2024
Date	

Program Narrative/s, Quotes and Written Estimates

Yoga Classes

Six weekly 45-minute chair yoga classes for 35 residents. Classes will serve all levels of ability that will promote health and wellness through gentle exercise and movement, along with relaxation and socialization in the community room.

<u>Cost</u>: Certified Instructor \$100/per session x 6= \$600 (See attached invoice) A paid receipt will be provided at the end of the program.

Winter Party

December 2024 Winter/Holiday party for 55 residents that will include a catered lunch. We have decorations and desserts are being donated by a local bakery. This serves as a fun social gathering, especially in the colder weather and for many an isolating or depressing time of the year.

Cost: \$18.95/per person x 55 = \$1,042.25. A receipt will be provided.

Organization and Decluttering Classes

Four monthly 1-hour classes for 25 residents taught by a professional organizer who is donating her services. Residents will learn about the sorting technique of keep, donate, and discard. Ongoing strategies to maintain and ensure health and safety of residents, as well as lease compliance will also be discussed. Property management will provide boxes so that residents can do this in their own units. Each class will build on the prior class with shared successes, challenges for those comfortable in doing so. Family, friends, neighbors or volunteers can assist those needing help. Our local fire marshal and health department will attend the first session to offer fire and health safety tips as well as review of code requirements.

Cost: \$100/per class (inclusive of sales tax) x 4=\$400 groceries for light refreshments. Receipt/s will be provided.

Lunch and Learn Nutrition Classes

Eight monthly nutrition classes for 55 residents, which will include fresh vegetables, fruit and easy meal preparation. The program will culminate with a "Friendsgiving Feast" in November. Residents will enjoy the "fruits" of their labor in a shared meal they have prepared together. Each resident will participate in whatever way they can from shredding carrots to setting up paper goods/utensils. Classes will be provided for free by nutrition students from a local college.

Cost: Grocery allowance of \$500 per session x 8 = \$4,000 which will be supplemented by donations of paper goods, a local bakery for rolls/bread, a local orchard and farmer, even the Friendsgiving turkeys will be donated! Receipts will be provided.

Summer Cookout

Pre-July 4th cookout for 55 residents to celebrate our nation's birthday. This is a nice social opportunity during the summer weather.

Cost: \$20/per person = \$1,100 Most food items will be purchased at the grocery store, supplemented by donated salads and desserts from a local caterer. Paper goods will be donated, as well. Receipts will be provided.

Virtual Program

With the purchase of a new and larger 65" smart tv for the community room, we will have the ability to offer weekly virtual educational, health and nutrition classes such as yoga, mindfulness, cooking classes, etc., as well as streaming monthly board meetings, offering weekly movie nights, etc. Many channels such as youtube offer free streaming.

The new tv will also provide closed captioning for those with hearing impairments. Our current tv is much smaller, 32" and does not have as many features as the new one. A larger screen will also be easier to view in the community room, and especially helpful for those with vision impairments. A new tv will promote inclusiveness for those with disabilities and promote all of the program categories, truly.

A calendar is attached to show scheduled opportunities beyond the use of everyday tv watching.

Cost: LG 65" Class C4 Series OLED evo 4K UHD Smart webos TV (2024) \$1,499. Our maintenance person can mount it and the existing mount can be used for the larger tv. See attached webpage.

Movie night refreshments are being purchased through a donation from the local Rotary Club.

INVOICE

DATE: 10/29/202	4		TO:		sing Authority 39 Pacific Ave
INVOICE # 100	ŧ				Hartford, CT 123-456-7890
CUSTOMER ABC12345					
SALESPERS	ON	JOB	PAYMEN	TTERMS	DUE DATE
Oscar Wa	rd	Instructor/Owner			
QTY	DESCRIPTION			UNIT PRICE	LINE TOTAL
6	45-minute weekly yoga c	lasses		\$100	\$600.00

MAKE ALL CHECKS PAYABLE TO MINDFUL STUDIOS Thank you for your business! \$600.00

\$600.00

0.00

Subtotal

SALES TAX

TOTAL

Italian Gourmet

Deli & Catering

860-665-1467 15 Hartford Ave. Newington Ct 06111



Special Party Menu

Planning an event and don't want to worry about how much of each item you'll need? Look no further!!! Our Special Party Menu makes party planning fast and simple and affordable!!!

\$39.95/pp (30 person min.)

Menu #1 \$16.95/pp (25 person min.)

Fresh Garden Salad w/House Balsamic Vinaigrette Fresh Baked Sliced Italian Bread w/Butter Penne w/Our House-made Marinara Sauce Chicken Parmesan <u>OR</u> Our Famous Chicken Cutlets Italian Sausage & Peppers <u>OR</u> Hand-rolled Meatballs w/Marinara

Menu #2 \$18.95/pp (25 person min.)

Fresh Garden Salad w/House Balsamic Vinaigrette Fresh Baked Sliced Italian Bread w/Butter Penne w/Our House-made Marinara Sauce Chicken Parmesan <u>OR</u> Our Famous Chicken Cutlets Italian Sausage & Peppers Hand-rolled Meatballs w/Marinara Sauce

Menu #3 \$27.95/pp (25 person min.)

Fresh Garden Salad w/House Balsamic Vinaigrette Fresh Baked Sliced Italian Bread <u>OR</u> Rolls w/Butter Penne Marinara <u>OR</u> Penne ala Vodka Chicken Parmesan <u>OR</u> Chicken Piccata <u>OR</u> Chicken Marsala Italian Sausage & Peppers Hand-rolled Meatballs w/Marinara Sauce Hand-sliced Eggplant Parmesan Seasonal Roasted Vegetable Medley Rosemary & Garlic Roasted Red Potatoes

Menu #4 (Ultimate Italian Feast)

Fresh Garden Salad w/House Balsamic Vinaigrette Fresh Baked Italian Bread & Rolls w/Butter Antipasto Platter Assorted Italian Stuffed Breads Penne Marinara Penne ala Vodka <u>OR</u> 4 Cheese Baked Ziti Chicken Parmesan <u>OR</u> Chicken Piccata <u>OR</u> Chicken Marsala Italian Sausage & Peppers <u>OR</u> Cavatelli w/Broccoli Rabe & Sausage Hand-rolled Meatballs <u>OR</u> Pork Tenderloin Marsala Hand-sliced Eggplant Parmesan Rosemary & Garlic Roasted Red Potatoes Seasonal Roasted Vegetable Medley



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LB OLED 65" 100

+ 14 more

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7 Videos

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What can we help you find today?

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LG - 65" Class C4 Series OLED evo 4K UHD Smart webOS TV (2024)

Model: OLED65C4PUA SKU: 6578042

☆☆☆☆☆ 4.7 (154 Reviews)





